

FORUM BAR + KITCHEN

APPETIZERS

NOCCARELLA + KALAMATA OLIVES (v)	3.50
SOUSDOUGH, OLIVE OIL + BALSAMIC (v)	3.95
CRUSHED TOMATO + GARLIC ON SOUSDOUGH (v)	3.95
PADRON PEPPERS, SEA SALT (v)	3.95
GARLIC CIABATTA (v)	3.25
GARLIC CIABATTA WITH CHEESE (v)	3.95

SHARING BOARDS

IBERIAN	16.95
CHORIZO IN RED WINE, SPICY MEATBALLS, SERRANO HAM, MANCHEGO CHEESE, PADRON PEPPERS, GRILLED COURGETTE + RED PEPPER, VINE TOMATO + GARLIC DIP, OLIVES, GRILLED BREADS	
MEZE	16.95
MOROCCAN CHICKEN SKEWERS, LAMB KOFTAS, GRILLED HALLOUMI CHEESE, FETA CHEESE, GRILLED COURGETTE + RED PEPPER, HUMMUS, TZATZIKI, SPICED AUBERGINE DIP, GRILLED FLAT BREADS	

SHARING PLATES + STARTERS

SLOW COOKED LAMB TAGINE WITH TOASTED ALMONDS + CORIANDER	7.50	MOROCCAN CHICKEN SKEWERS WITH HARISSA CRÈME-FRAICHE	6.95	PULLED PORK TAQUITOS SOFT TORTILLA FILLED WITH PULLED PORK, SMOKEY BOURBON SAUCE, LETTUCE, JALAPENOS + CHILI CHEESE	7.50
SPICED AUBERGINE (v) WITH TOMATO, RED ONION + CORIANDER SERVED WITH MINT + CUCUMBER YOGHURT + GRILLED FLATBREAD	6.50	LAMB + CHILI KOFTAS WITH MINT GREEK YOGHURT	6.95	PAKORAS (v) FILLED WITH SPINACH, POTATO, ONION + SPICES SERVED WITH CUMIN YOGHURT	6.50
MOROCCAN MEATBALLS PORK + BEEF MEATBALLS IN A RICH SPICY TOMATO SAUCE WITH CORIANDER	7.50	THAI LIME + CHILI CRAB CAKES WITH ROCKET, TOASTED SESAME SEEDS + SWEET CHILI	6.95	CHIPS + DIPS (v) THICK CUT CHIPS + FRIES SERVED WITH CHIPOTLE KETCHUP + AIOLI	5.95
GOATS CHEESE (v) WITH BEETROOT RELISH + ROCKET ON GRILLED SOUSDOUGH	6.95	HALLOUMI SKEWERS (v) WITH RED PEPPER, COURGETTE + RED ONION MARINATED IN PAPRIKA, CAYENNE + CHILI	7.50	CHORIZO SLOW COOKED IN RED WINE + ONIONS	6.50
		SPICED CHICKEN WINGS WITH HOT SRIRACHA SAUCE OR SMOKEY BOURBON SAUCE	6.95	HUMMUS + TZATZIKI (v) WITH GRILLED FLAT BREADS	5.50

BURGERS

THE FORUM ABERDEEN ANGUS BEEF, RED ONION, TOMATO, DILL PICKLE, MAPLE CURED BACON, CHEDDAR CHEESE, AMERICAN MUSTARD + CHIPOTLE KETCHUP ON A BRIOCHE BUN	13.95
OLD SCHOOL ABERDEEN ANGUS BEEF LOADED WITH FRIED ONIONS, SAUTÉED MUSHROOMS + MUSTARD ON A BRIOCHE BUN	11.95
THE LANCASTRIAN ABERDEEN ANGUS BEEF, RED ONION, TOMATO, CHILI JAM + CREAMY LANCASTHIRE CHEESE ON A BRIOCHE BUN	12.95
PULLED PORK SLOW COOKED PULLED PORK + SMOKEY BOURBON SAUCE ON A BRIOCHE BUN	11.95
SIX SPICE CHICKEN FORUM SIX SPICE FRIED CHICKEN BURGER WITH LETTUCE, TOMATO + LIME MAYO ON A STONE BAKED RUSTIC ROLL	11.95
ALL SERVED WITH FRIES + COLESLAW THICK CUT CHIPS / PIRI PIRI FRIES +.50 SWEET POTATO FRIES +1.00	

MAINS

HALLOUMI SKEWERS (v) WITH RED PEPPER, COURGETTE + RED ONIONS MARINATED IN PAPRIKA, CAYENNE + CHILI SERVED WITH SPICED AUBERGINE, TOMATO + RED ONION	12.95	PAN-FRIED FILLET OF SEA BASS ON A BED OF RICE NOODLES WITH RED ONION, PEPPERS, SPRING ONIONS, GINGER, LEMONGRASS, CHILI, GALANGAL, KAFFIR LIME + CORIANDER	17.50
CHICKEN FAJITAS WITH GUACAMOLE, SOUR CREAM + MEXICAN CHILI CHEESE	12.95	GOATS CHEESE SALAD (v) WITH GRILLED SOUSDOUGH, ROCKET, BEETROOT, TOASTED WALNUTS + BALSAMIC	11.95
SIX SPICE FRIED CHICKEN WITH FRIES + HOT SRIRACHA MAYO DIP	10.95	DUCK PANCAKES WITH SHREDDED ROAST DUCK, CUCUMBER, SPRING ONIONS, HOISIN SAUCE, SALAD + PRAWN CRACKERS	11.95
MOROCCAN MEATBALLS PORK + BEEF MEATBALLS IN A RICH SPICY TOMATO SAUCE WITH HARISSA CRÈME-FRAICHE + COUSCOUS	12.95	8oz RIB-EYE STEAK WITH, GARLIC BUTTER, GRILLED VINE TOMATO + FRIES	18.50
CAESAR SALAD WITH GRILLED CHICKEN BREAST, GEM + ICEBERG LETTUCE, ANCHOVIES, MAPLE CURED CRISPY BACON, PARMESAN, CROUTONS, CAESAR DRESSING	11.95	FISH + CHIPS FRESH COD FILLET IN OUR OWN BEER BATTER WITH THICK CUT CHIPS + MUSHY PEAS	11.95
SLOW COOKED LAMB TAGINE SERVED WITH SPICED APRICOT YOGHURT, TOASTED ALMONDS, CORIANDER + LEMON COUSCOUS	13.95	THAI GREEN CURRY WITH CHICKEN, SPRING ONIONS, PEPPERS, RED ONIONS, GINGER, FRESH CHILI, LEMONGRASS, COCONUT MILK, THAI BASIL + RICE	14.95

SANDWICHES

GOATS CHEESE + RED PEPPER (v) MELTED GOATS CHEESE, ROASTED RED PEPPER, CHILI JAM + ROCKET ON A GRILLED CIABATTA WITH A SIDE OF SPICED AUBERGINE (v)	8.95
MOROCCAN CHICKEN FLOUR TORTILLA WITH CHARGRILLED SPICED CHICKEN, LETTUCE, BEEF TOMATO, CUCUMBER + HARISSA CRÈME-FRAICHE WITH A SIDE OF SPICED AUBERGINE	8.95
CLUB SANDWICH CHARGRILLED CHICKEN, MAPLE CURED CRISPY BACON, LETTUCE, TOMATO + MAYONNAISE WITH A SIDE OF COLESLAW	9.50
GREEK LAMB + FETA WRAP FLOUR TORTILLA WITH LAMB KOFTAS, FETA CHEESE, TOMATO, LETTUCE + TZATZIKI WITH A SIDE OF SPICED AUBERGINE	8.95
SERVED WITH FRIES OR SALAD THICK CUT CHIPS / PIRI PIRI FRIES +.50 - SWEET POTATO FRIES +1.00 AVAILABLE EVERYDAY UNTIL 6PM	

FISH FINGER BUTTY HOME-MADE BEER BATTERED COD FISH FINGERS + TARTARE SAUCE ON A STONE BAKED RUSTIC ROLL SERVED WITH MUSHY PEAS	9.95
HUMMUS + BEETROOT FALAFEL (v) FLOUR TORTILLA FILLED WITH BEETROOT FALAFEL, HUMMUS, LETTUCE, TOMATO + CORIANDER WITH A SIDE OF SPICED AUBERGINE	8.95
CHICKEN + CHORIZO SLOW COOKED CHORIZO SAUSAGE, CHARGRILLED CHICKEN + ROCKET ON A GRILLED CIABATTA WITH A SIDE OF SPICED AUBERGINE	8.95
STEAK SANDWICH CHARGRILLED MINUTE STEAK, FRIED ONIONS + SAUTÉED MUSHROOMS ON GRILLED CIABATTA WITH A SIDE OF COLESLAW + MOZZARELLA /CREAMY LANCASTHIRE CHEESE	9.50 +1.00

SIDES

GRILLED SOUSDOUGH (v)	1.50
GRILLED CIABATTA(v)	1.50
ROCKET + PARMESAN SALAD (v)	2.95
HOUSE SALAD (v)	3.25
LEMON COUSCOUS (v)	2.95
FRIES (v)	2.50
THICK CUT CHIPS (v)	3.25
PIRI PIRI FRIES (v)	2.95
SWEET POTATO FRIES (v)	3.95
GARLIC CIABATTA (v)	3.25
GARLIC CIABATTA WITH CHEESE (v)	3.95

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MENU DESCRIPTIONS MAY NOT CONTAIN ALL INGREDIENTS IN A DISH
A FULL LIST OF ALL ALLERGENS FOR EACH DISH IS AVAILABLE ON REQUEST
PLEASE LET US KNOW BEFORE PLACING YOUR ORDER IF YOU HAVE A QUESTION
ALLERGY OR INTOLERANCE
W W W . F O R U M B A R . C O . U K

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